

Checklist for Spotting Vision Problems

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NAME _____ AGE _____ DATE _____

RESPONDENT'S NAME _____

PHONE _____

A one year old child with "normal" visual development can accurately fixate with aligned eyes, smoothly shift gaze, converge eyes to 3" from the nose, and smoothly follow moving objects with no head movement. Acuity continues to improve as the retina matures.

Please complete the above and check any area below that pertains

APPEARANCE

- ___ One eye turns in or out
- ___ Closes an eye or tilts head for near tasks
- ___ Red eyes or lids, or crust on eyelids
- ___ Excessive blinking or tearing of eyes

NEAR & DISTANCE VISUAL ACUITY

- ___ Holds things close to eyes
- ___ Needs to sit close to television to watch it
- ___ Thrusts head forward when looking at distance

LOW CONTRAST SENSITIVITY

- ___ Needs more light to read than expected
- ___ Doesn't see soil spots on clothes or on counters
- ___ Reads print but can't see the bus on cloudy days

VISUAL FIELDS

- ___ Difficulty with step downs
- ___ Bumps into things
- ___ Doesn't read to the end of a sentence before going to the next

ADAPTATION TO LIGHTING CHANGES

- ___ Pauses when coming indoors on sunny days
- ___ Slow adjustment to lighting changes, night travel difficulties

EYE TRACKING

- ___ Head moves instead of eyes when reading or looking at pictures
- ___ Loses place when reading and skips lines
- ___ Needs to use finger as a line marker
- ___ Difficulty solving maze puzzles, i.e., word searches

EYE-TEAMING

- ___ Fatigues during near visual tasks, short interest span
- ___ Difficulty judging where things are in space
- ___ Difficulty following flight of a ball
- ___ Math errors due to misalignment of numbers
- ___ Tires easily, inattentive, poor concentration

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